

RAYS OF HOPE

WELCOME CHILDREN



31st Years Journey of Adventure

To celebrate festivals and birthdays has always been a matter of excitement for the KIRAN children. And since during lockdown we have been deprived for too long of such lovely occasions, the 15th September of this year was celebrated with renewed happiness, thanks to the fact that the restrictions due to Covid- 19 got partly lifted.

birthday is always an occasion to remember the origin How much I like to remember our beginnings, together with our first staff members.



We were full of enthusiasm and dreams for this new venture of caring for children with disabilities in Nagwa in Varanasi city. I like to remember Adi Bhai who came from Bangalore as a newly trained Ortho-technician-Assistant. He himself was severely limited by a sickness of all the joints. But he started his job with such fervour, even though we did not yet have any tools. His example of endurance and courage remains for us all alive till today.

Well, I could go on telling the story of so many children who have received in KIRAN a real Ray of Hope, of healing and new possibilities. Therefore, on this 15th September we remember with joy and gratitude that Life is wonderful and has given us in our 31 years of this KIRAN-Adventure so many moments of happiness and learning, success and growth... (Even sometimes through mistakes and failures!).

Our hearty THANK YOU to all who made this journey possible!

Loving greetings,
Sangeeta J.K.



Covid-19 Relief Response

The world is facing a very unprecedented problem due to COVID-19. Around 10 million people have been affected all over the world and about 5 lakh people have died in India. The whole country is in crisis due to a deadly virus. Economic recession at its peak, unemployment increased due to lockdown, manufacturing activities stalled.

The situation in India is grim as the country is facing the deadly third wave of COVID 19. The coronavirus pandemic has left a brutal impact on Uttar Pradesh. Although the government has passed several guidelines and imposed a set of new rules to prevent the transmission of COVID-19, somehow it has emerged from urban to rural areas. Health officials and medical professionals are struggling with containing the disease, and testing and treating those affected with limited resources. Health conditions are more likely to be infected and affected by the virus, and poorer populations often have higher rates of chronic disease, as well as poor diets that weaken the body's immunity.

Realizing the loss of work and wages due to the COVID-19 pandemic, KIRAN extended humanitarian assistance to some highly affected families of children with disabilities and marginalized families by distributing essential nutrition and hygienic kits.

Dry Ration Distribution from Education

Relief distribution of ration and sanitation kits by the Education Department to the families of 260 students of classes LKG, UKG, 1 to 8, also including Special Education and students of National Institute of Open Schooling, continued work for four days i.e. from 16 to 19 August 2021. The following table shows the essential items each Kit contains:

Items	Quantity
Turmeric	200gm
Gur (jaggery)	1 kg
Mustard Oil	2 Liter
Chana (Gram)	2 Kg
Arhar dal	2 kg
Kabuli Chana (White Gram)	1 kg
Soap- Bathing	4 pcs
Soap- Detergent	2 pcs
Soap- Dish	2 pcs
Sanitary napkin	1 pkt
Potatoes	3 kg
Onion	2 kg



COVID-19 Relief Response in Mirzapur & Varanasi Districts by the team of Community Based Rehabilitation

A measure to reduce the impact of COVID-19 pandemic in rural environment by providing essential dry ration and hygienic kits to poor family of children with and without disabilities in Varanasi & Mirzapur district of Uttar Pradesh.

Grocery items support		Hygienic item support	
Pulses	2 kgs	Sanitary Pad	1 pkt
Grains	3 kg	Bathing Soap	2 pcs
Mustard Oil	2 liter	Cloth Washing Soap	2 pcs
Spices	200 gm	Dish washing Soap	2 pcs
Vegetable	5 kg		
Jaggery	1 kg		

Date wise distribution	Categories wise distribution
11 th August 2021 74 families were supported of Mirzapur district	Male /Female 39.3/60.7 Family with & without disabilities
12 th August 2021 104 families were supported of Varanasi district	74.2/25.8



Covid-19 Relief Response by Social Integration

Social Integration department has distributed dry ration kits on 13th August 2021 to the former students with and without disabilities, including girls, who come under various economically deprived categories in which 2 are affected by Cerebral Palsy, 1 Mentally Retardation, 18 Orthopedic Handicap and 8 from poor families. These youngsters are from rural and urban areas of Varanasi district and unable to fulfill all the requirements of their daily lives as given below:

- Not receiving proper nutritional supplements
- Don't have enough money to purchase grocery items
- Unable to fulfil their medicinal requirements
- Facing problems in purchasing educational materials
- Youngsters who have married are unable to feed their family in this pandemic situation

The total number of beneficiaries are 30 including male 22 and female 08



Conclusion:

In the end, it was a consolation to us that the relief kits that have been distributed given to the actual beneficiaries in a systematic manner, which will surely meet their daily needs. This minimal support of essential nutrition and hygiene kits is very crucial for these underprivileged beneficiaries to meet their basic and immediate needs who have no or very limited source of income during this deadly pandemic COVID-19 situation.

We express our heartfelt thanks to our respective partners and donors for their kind cooperation in this relief response program to the needy of the society. A Very Big Thanks to the Swiss Foundation and to the ROCHE project for their generous support for this humanitarian approach.

Program in Different Department

To Facilitate the Social Skills & Motor Ability through Group Therapy

As the second wave of corona virus receding, the primary school in Uttar Pradesh reopened on 1st September after a gap of almost six months. The physio and occupational therapy unit of rehabilitation department welcomed children and restarted their exercises. The physio unit organized a group therapy for the sake of facilitating function skills of children with special need. Total of four children with cerebral palsy were participated in this group therapy.



The Importance of Hippo Therapy Sessions for Children

Physio-Occupational unit organized a Hippo therapy sessions for school students suffering from cerebral palsy in order to improve their Psycho-Motor Ability in the month of September 2021. Hippo-therapy is a therapeutic use of horses. On horseback riding, a movement of the horse affects the rider such that the rider experiences various physical changes. A horse's rhythmic movement necessitates delicate collaborative movements of the muscles of the rider's neck, torso, and limbs. Due to some forms of walking is similar between horses and humans, horseback riding results in creating three-dimensional movements in the rider. The evidences say that hippo therapy improves muscle tone, balance, postural control, cooperation, and motor development.



Therefore, the most important goal of hippo therapy is to improve balance, posture, function, and mobility of children with cerebral palsy.

Story: Orthotic Support to Chandani

Chandani is 13 years old orthopedically handicapped girl belongs to Gaya, Bihar State. Her socioeconomic condition is very poor. The livelihood of parents is dependent on daily labour works. She has an orthopaedic condition that is called "Phocomelia", which is a rare birth defect that can affect upper and lower limbs that are severely shortened or sometimes completely absent. As a consequence of the disease, her left leg has not developed.

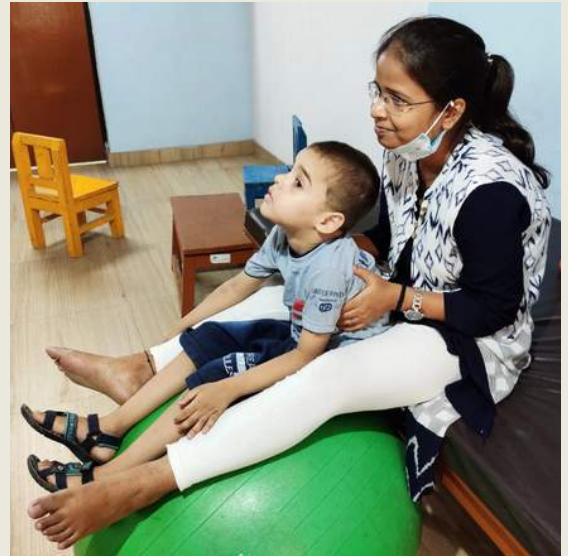
Chandani was not able to walk on her own. She came in KIRAN where she has given a left leg extension Orthosis and trained on gait training for a week. Now, she can walk with help of this given extension orthosis on her own.



KIRAN's orthotic unit is helping children with disabilities to realize their true functional ability through continuation providing a state of art Orthosis and Prosthesis equipment as per need of the children.

Family Mediated Intervention Program (FMIP)

FMIP is a Parent and Child Care Unit (PCCU) early intervention program in association with Com Deal Trust, Bangalore where families are trained, guided and supported to make their child independent and functional and to strengthen the parental skills in order to care well their children. This is an 11-month training program designed for families with children up to the age of 6. Those with developmental disabilities such as cerebral palsy, intellectual disabilities, and autism who want to learn to improve their child's skills or abilities such as communication, behavior, socialization, and want to have fun with their child during sessions. This program follows a multidisciplinary approach with the goal of integrating society/community and children into regular schools.



KIRAN supporting in Government Social Security Schemes drive

KIRAN CBR (Community Based Rehabilitation) team is empowered to support marginalized families and make them self-reliant through networking and liaison with Social Welfare Department of Mirzapur and Varanasi districts. In the last three months (from July to September 2021) 80 marginalized families, including persons with disabilities, were supported in availing government social security schemes in Sikhar and Kashi Vidyapeeth blocks of Mirzapur and Varanasi districts respectively. The team is filling the gaps in getting benefits from these schemes by working on the following strategies in order to aware the communities;

- i- Dissemination of information at the community level about government social security schemes including the location and timing of camps.
- ii- Providing assistance in completing the required documents of each entitled beneficiary
- iii- To provide transport facilities for poor people to facilitate the access of these people to the camp sites.

Capacity Building Initiatives

Capacity building programs not only provide a range of benefits for employees and the organization they represent, but it also improves service delivery provisions at the grassroots level.

KIRAN continues to support the workforce in capacity building initiatives wherever possible to strengthen quality services.

In the last two months in August and September 2021, two employees were supported to participate in a week long capacity program as follows;

- Our Livelihood Coordinator has participated in a week long training program of TOT on Enterprise Development in collaboration with Jan Vikas Samiti, Varanasi.
- Education-Coordinator has attended a one week training program on Early Identification and Intervention in support of Jan Vikas Samiti.

Enabling Inclusion through partnership, capacity building and implementing technology-based solution for children with disabilities in rural setting of Eastern UP.

KIRAN Society in partnership with an organization "Amar Seva Sangam" Ayyukudi, Tamil Nadu has taken initiative to improve the delivery of rehabilitation services in rural setting through implementing a technology-based solution. To implement this programme, two-layer capacity building training programs were conducted for the team. Through this initiative, real-time door-to-door rehabilitation services will be provided to children with different types of disabilities in the rural community with the consent of their families/parents. As this program started, geographic data and family information were collected for the 100 children identified. The need of these children has been assessed by four community rehabilitation workers working in 54 villages of Mirzapur and Varanasi districts.



The Specialists (Physiotherapist/Special Educator/Speech Therapist etc.) have started door-to-door visits to the identified children's homes to meet the needs of the children. The concerned parents will be the main service provider for the children under the supervision of CRW and experts. Intensive training program for parents from time to time is also taken into consideration throughout the year to maintain quality rehabilitation services.

Early Identification and Intervention program

CBR Has successfully completed a three-year project on early identification & intervention program in March 2021, in which assessed the development of 1280 infants (0-5months). Identified suspected children were provided customized medical and early intervention care at their doorsteps. To continue this effort KIRAN has extended this program for one more year in the same geographical area (in 54 villages in Mirzapur and Varanasi districts) in support with GM Trust Austria & Laerdal Foundation, Germany.



Under this new project four capacity building meetings were organized with government front line health workers (ASHA, Aaganwadi and ANM) on early identification, child and maternal care at four sub-health centers in month of July & August 2021. 84 government front line workers have taken part in it. 145 Neonatal (0-5 months) infants were assessed in over the past three months by community health workers & identified suspected children are availing early intervention program at door steps, free of cost by a team of rehabilitation professionals. September 2021, successfully organized three Pediatric Health Camps in the community.

SELF HELP GROUP- A step towards self-sustainability

SHGs (Self Help Groups) have been instrumental in the alleviating poverty for the marginalized and other vulnerable groups such as family of children/persons with disabilities. KIRAN has focused on strengthen the socio-economic status of marginalized women and person with disability through forming and strengthening SHGs in Varanasi and Mirzapur districts.

Women are assisted by the Livelihood Coordinator in monthly meeting, accounting and savings. To provide them a common platform and to explore opportunity of setting up micro enterprises by using accumulating money in groups either individually also taken in consideration strongly for economic sustainability. In the coming months they will give training on micro enterprises establishment in line with available local opportunities.



Neuro-Rehabilitation Medical Camps

In the month of August 2021, two Outreach medical rehabilitation camps conducted on 18-08-2021 at Saidpur Bhitari and on 27-08-2021 at Durgawati, Bihar State. In these camps children with disabilities have examined by the team of Outreach Unit, consisting of Physiotherapists, Ortho Technicians and Special Educator as well as community field workers at respective locations. Parents of children with disabilities were advised to continue home based rehabilitation & education program and many of them were referred for Institutional Based Intervention.



We have been able to reach out to these underprivileged children with the support of two partners:

- 1- St. Joseph Junior High School, Saidpur Bhitari, Gazipur with the collaboration of Fr. Ajay
- 2- St. John's School, Durgawati, Bihar with the collaboration of Fr. Akshay

Details of camps

- Number of parents empowered -145
- Number of children with disabilities benefited -95
- Number of children referred for institutional-based – 53
- Number of male children – 58
- Number of female children – 37

Capacity Building Program

Capacity building is an important aspect for rehabilitation professional to keep their knowledge updated & upgraded with the latest technologies in the respective areas.

In month of July and August, different professionals of Parent and Child Care Unit (PCCU) organized an internal Capacity Building program to share their knowledge with the other professionals from the rehabilitation department. The different topics of capacity building program were communication, special education, psycho-social aspect, physio and occupational therapy. Affected children will certainly benefit from the use of these skills by rehabilitation professionals.

Flood Relief Drive -CBR

It's been a week since Mirzapur districts is witnessing massive flooding due to the Ganga River flowing above the danger mark. The rising waters of the Ganges and the Karnavati rivers have cut-off over 82 villages in the district, as the affected villagers are reeling under food shortage and migration in search of a safer ground. It has brought the entire affected villages on halt. It is estimated that almost 4,000 hectares of agricultural land in Mirzapur has been submerged due to flooding. Most of the farmers here cultivate vegetables as most of the family dependent on agriculture work. Their fields have been overrun by the floods and the crops are rotting in water. Many families have taken shelter at higher places either on roof and/or migrated to home of relative for meanwhile. Local markets, schools, local police stations, health centre and other government offices shut down due to water logging as a consequence of flood. States and district government authority has set up some rehabilitation and animal shelter home but it is not seeming very helpful for remote flood affected area due to lack of connectivity and distance. Slow preparedness conditions to combat the flood also contributed a raised in devastation. These remote people have a greater adverse implication of this flood as well as of on-going pandemic not merely physically and mentally but economically too.



KIRAN'S MANDATE TO SUPPORT FLOOD AFFECTED COMMUNITY FOR GROCERY AND HYGIENIC ITEMS

Realising the above situation KIRAN has taken mandate to support flood area community immediately. Flood area affected communities mostly dependent on labour work and vegetable/crops production and selling in local markets. Most of them usually take land on lease to plant different types of seasonal vegetables which has been the main work for their livelihoods. Apart from this traditional livelihood activity few of them involve in livestock activity for livelihood which is also affected significantly. KIRAN has supported the following items to 1000 poorest households.

Grocery Items

Roasted gram	500gm
Puffed rice	500g
Jaggery	1Kg
Biscuit	1 packet (big)
Bun	1 packet
Match Box	1 packet

Hygienic Items

Bathing Soap	2pcs
Washing Soap	2pcs
Sanitary Pads	1 packet (big)

Date-Wise Distribution

On 18th August 2021- 375 Households supported
On 19th August 2021- 325 Households supported
On 20th August 2021- 300 Households supported

District-Wise Distribution

Varanasi -15.4
Mirzapur-84.6

Categories wise-data

Male/Female -74.6/25.6
Family with disabilities/Family without disabilities -15.4/84.6

Village-Wise Distribution

20 village of Mirzapur district and 02 village of Varanasi district were covered under this drive.

We have reached out to 1000 households by carried-out three consecutive days distribution activity in flood affected villages in August 2021 with available resources. The immediate need of flood affected people addressed through providing essentials grocery and hygienic materials with time bound situation. Though the loss of individual family is huge due to this devastation. It will take time to get overall situation normal. We will keep eye on this changing situation and will leave no stone unturned to benefit these community whatever possibility will arise in future. Apart from this we are in discussion with different donors to support them for essential items further. We are very thankful to our donors, and volunteers for their generosity and support for this relief drive.

Inauguration of Hearing Impairment (HI) Block on KIRAN Anniversary



On the occasion of 31st KIRAN Anniversary, a newly renovated HI (Hearing Impairment) block was inaugurated in the premises of KIRAN School at 12:00 noon on 15th September 2021. Dr. Kiran Pandey, Block Education Officer (BEO) was the Guest at this event, which was graced by the presence of many other staffs and teachers, and students. The block was beautifully embellished with balloons and ribbons.

Dr. Kiran Pandey cuts off the ribbon with the help of the differently abled children, who recited a beautiful song to make the inauguration more memorable and meaningful. But before cutting off the ribbon, she visited all the classes and had a friendly discussion with the children and took stock of their learning through Inclusive Education. As soon as the inauguration finished all the invited guests and staffs headed to the hall and took their seats.



Children performed some cultural activities for the entertainment of the guests and others present in the hall. All the guests were welcomed with bouquets and garlands. After that children displayed their skill through singing and dancing. During the speech, Dr. Kiran Pandey wished a good future for the children and expressed her happiness. She said it was a great opportunity for her to meet such differently-abled children.

She said that she had heard a lot about the KIRAN Society but could not visit it due to some reason, but the time she spent with the children was very momentous and will be remembered by her forever. She also thanked all the children, teachers, and Sangeeta sister, the founder. In the end, she rewarded the successful and talented children by handing over to them prizes for their excellence in studies and other co-curricular activities.

Experience about On and Offline classes



Nikhil Modanwal (class 8)

My name is Nikhil Modanwal. I am a disabled child. I want to tell you that when I used to study at home during covid-19 I did not like it because I stopped going out of the house. I also had problems in some subjects like: Mathematics, English and Science. Earlier I was good in studies, but due to lack of understanding with studies at home, I have become weak in studies. That's why I do not like online study.

I like offline study because if I don't understand something then I can ask sir or mam. I like to study together with my friends in class room.

Kajal Kumari Kasera (class 6)

During covid-19 I did not like studying online because I did not understand what the teacher is teaching me. I also had problem in some subjects like Mathematics and English.

I like offline study because if I don't understand something then I can ask sir or mam. I like to study together with my friends in class room.



Rimjhim Rai (class 1)

I like to study online because I can study comfortably anywhere.

I did not face any problem in studying online.
I also like to study offline.

Ayush Keshri (class 2)

I like to study online because I can study comfortably anywhere. I did not face any problem in studying online. I also like to study offline with my friends.



Life story of Manish Kumar Ram under ROCHE PROJECT

Manish Kumar Ram grew up in Nagwa Basti of Varanasi. His father, Late Lalu Ram worked in KIRAN from almost inception, till his death in 2014. His family was dependent on his father's salary to raise five sons and one daughter. He had enough money for a basic living but not enough to educate Manish and his brother and sister.

KIRAN has covered all the educational expenses from Primary to Higher education of Manish. He got admission in Institute of Fine Art (IFA) in June 2017. The college is located opposite to Modi Cloth Mills, Satish Park in Modinagar, Ghaziabad, State Uttar Pradesh.

Presently he has completed four years undergraduate course in Fine Arts from the same college. He is very grateful and is thanking KIRAN in his own words for the support in his education:

"I am extremely grateful to both KIRAN and ROCHE Agency for their support during my college years. As a child of uneducated parents, the opportunity to obtain a bachelor's degree was something that previously was beyond my dreams. This education has completely changed my thinking and has opened many opportunities for the future. Thank you for giving me this chance for a better life."



Photo Gallery

Children offering morning prayer indoors and in open areas following government norms.



Construction/Renovation of School Building



Opening stall in the month of Sawan & then to continue by the Vocational Skills Training Team





**If you wish to support our children, any amount of donation is welcomed,
or you can choose any of the following :**

- | | |
|-------------------------------|---|
| Aids & Appliances: | Rs. 5,000-10,000/- approx |
| Educational support: | Rs. 1,500/- approx per child/month |
| Hearing Aids: | Rs. 15,000/- approx per child |
| Medicine support: | Rs. 2,500/- approx for a month |
| Support in the meal: | Rs. 1,500/- approx per child/month |

Please follow this link:

<https://kiranvillage.org/?product=donate-now>



for your kind donation. Donations are subject to Income Tax exemption under Section 80G (5) (VI).

**Write to us at mail@kiranvillage.org
reach us at +91-7571010009**

**for more information visit us at
www.kiranvillage.org**

International donors, please write to finance@kiranvillage.org

