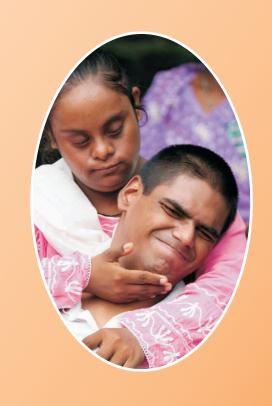


# ANNUAL REPORT 2016-17







Society for Inclusive Development

# Vision

A world which ensures the inclusion of the marginalized and differtlyabled children and youth into mainstream society by empowering them to discover and use their skills for the well-being of all.

# Mission

To enable differently-abled children get rehabilitation, education and vocational skills training, so that they are empowered to take care of the needs and become fully included into mainstream society.

# THE MEMBERS OF KIRAN SOCIETY

### **EC Members**

# **General Body Members**

Mr. Surendra Charan

Dr. Tribhuvan Chaubey

Ms. Sangeeta J.K.

Dr. Moreno Toldo

Mr. Arun Kumar Gupta

Dr. Neetilal Vattakunnel

Fr. Edward Medonca

Dr. Madhu Kushwaha

Dr. Bharti Singh

**President** 

**Secretary** 

**Treasure** 

Founder/ED

**Medical Director** 

Businessman

Retd. Principal

**Associate Professor** 

Researcher

Dr. Kaushal Agrawal

Shri Raju Biwas

Prof. C.B. Dwivedi

Dr. Keshav Kumar Gautam

Dr. Dinesh Gupta

Dr. Monica Gupta

Dr. Deepmala Katiya

Dr. Muniza Rafiq Khan

Prof. Akhilender Pandev

Dr. Rajiv Ranjan

Mr. Shivpal Sharma

Dr. Kamaluddin Sheikh

Dr. Rajan Shrivastava

Dr. Vandana Singh

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# Thank you for your commitment and long-standing support!!!

### **France**

~FIDEI Foundation

### <u>Italy</u>

~Diocese of Vicenza ~Italian KIRAN Friends

# Association

### <u>United</u> Kingdom

~ Disability & Development Partner(D.D.P.) ~Golden Sufi International ~Big Lottery

### U.S.A.

~So-Hum

### **Holland**

~Liliane Foundation

### Luxemburg

~Amis De L'inde & ~CSI (Christian Solidarity International)

### **Switzerland**

~KIRAN Foundation and Friends Association

~World Child Future Foundation

~Buechi Foundation

### **Germany**

~Cless Foundation

### <u>Sweden</u>

~SOIR-IM

### <u>India</u>

- ♦ Ministry of Social Justice & Empowerment
- ♦ Bhart Heavy Electrical Limited, Varanasi
- ♦ Matri Shree Charitable Trust, Varanasi
  - ♦ BIOCON Limited, Bangalore
    - ♦ Give India, Mumbai

# From the Director's mind and heart

Looking back on the past year, there are so many wonderful events coming to my mind that it is quite difficult to recount them all. With this Annual Report, we are trying to give you some glimpses. Our efforts are geared towards Inclusion in all fields, so that our students may learn the values and richness of togetherness with those who are different. As for me, I would like to share with you the joy of our picnic with the children, volunteers, and staff of the KiVi last April to Sarnath and our friends in Jeevan Jyoti, School for the Blind. I feel that in times when many people are quite worried about the future, it is so important to try to focus one's mind and heart on the present and take stock of the simple joys of daily life.

I hope that the photos shared here with you may let you feel a little of this type of simple Joy that can balance our moments of worry or anxiety...

And a word from Martin Luther King Jr. might show us the way to experience this Joy a little more in our daily life:



"Darkness cannot be driven out by darkness, only Light can do that! Hatred cannot be driven out by hatred, only Love can do that!"







# From Medical Director

Dear Friends,

We are here to share the results of our past year's activities and inform you of some new achievements. With a sense of great satisfaction and joy, we can look back and see how many children and youngsters have benefitted from our services, positively affecting both them and their families. Here, I would like to emphasize some of the most important facts and achievements from our past year:

1. Thanks to a longstanding collaboration with hospitals and consulting doctors, we could give medical and surgical treatment to an increasing number of patients from our school and outreach units. I'd like to mention the constant support from the Management and several Doctors of Ramakrishna Mission Home of Service, Varanasi. A team of Orthopedic Surgeons, Dr. Kaushal Agrawal, Dr. Ravi Sahai, both of Varanasi, and Dr. Anil Pandey, of Ranchi, have also been great partners with us. This year alone we had three meetings with them in the KIRAN Centre for a common evaluation of patients in need of

surgical corrections, which were then performed in surgeons' respective hospitals at a minimum cost. The Neurosurgeon, Dr. RD Jain, has been our referral consultant in RKM, where he successfully conducted a few delicate surgeries for patients with spinal cord diseases. The Plastic Surgeon, Dr. J. Tapadar, has done several surgeries for our patients in Smayan Hospital. We offer them our deepest gratitude for their help and expertise.

- 2. We keep networking with other organizations serving the differently-abled, so that the strength of our respective organizations can increase simultaneously. I would like to particularly mention the cooperation with Jan Vikas Samity, Christ Joti Society for the Handicapped, and the Community Medicine Dep. of RKM Home of Service.
- 3. We give great importance to the continual education and advancement of our staff members, so as to improve the evaluation, diagnosis, therapy, teaching and counseling skills which we can provide to our children and their families. The affiliation two years ago with ComDEALL Trust of Bangalore, a leading institute for treatment of speech and communication impairments of children with neuro-developmental problems (especially Autism), has made our centre a referral for children with communication problems. The Family Mediated Intervention Program started with ComDEALL has proven to be very effective in empowering parents to become the in-home teachers and therapists of their children. We are continuing to do our best to serve children with communication difficulties, though it is increasingly challenging to maintain our team of highly skilled professionals due to the fact that some private set-ups who are looking for experienced professionals may be able to offer a higher salary.
- 4. Another achievement has been the opening of a Wheel-Chair Service, a sub-Unit of Orthotic Workshop. Thanks to a project in partnership with Motivation India the last two years, we upgraded the skills of our orthotists and physiotherapists in providing and modifying wheel chairs according to international standards. Through the same project, we can now offer good quality wheel chairs at affordable prices to the parents of our young patients. The provision of good quality hand splints for the improvement of hand function and prevention of deformities has increased this year thanks to a better collaboration between occupational therapists of the Physiotherapy Unit and Orthotic Workshop. Conscious of their importance, we have once again been able to give the staff members the opportunity to participate into congresses and workshops (IAPCON, IANCON, and Workshop on General Movements) and to attend courses (Com DEALL course on Early Identification and Intervention for Neurodevelopmental Diseases).
- 5. We are working on the implementation of a Digital File System, starting with few units of Rehabilitation Department, considering that a digital archive will help us keep clinical files in order, preserve them for the future, and also facilitate statistical analysis and evaluation of our ongoing activities.

I am grateful to all of our supporters and donors for the opportunity to serve our little patients with such high standard of quality in services.

Finally, my thoughts go to all the families of our children and youth, whose wish to see their children smile at life is what motivates us to serve to the

best of our ability each and every day.

With my best wishes and regards,

Dr. Moreno Toldo

### **OUT REACH SERVICE UNIT**

We provide therapeutic & special educational services to different districts throughout Uttar Pradesh, including Varanasi, Mau, Ballia, Mirzapur & Kaimur district in Bihar. We provide these services through a team of specialized professionals which is composed of neurologists, physiotherapists, special educators & ortho technicians. More than 2000 differently-abled children have been covered through this unit this year. We reach and follow children by conducting camps regularly in different places at fixed intervals. This year, we conducted 6 general camps & 9 need based camps in which 435 new children with disabilities have been identified and 2,011 old cases have had access to different services like physiotherapy, aids, appliances, and surgical corrections. 80 children



were placed in an ORS hostel for intensive therapeutic services. We also conducted one surgery camp this year. 18 children in total underwent corrective surgeries in Smayan & RKM hospital. Dr.Anil Pandey, Dr.Kaushal Agrawal & Dr.Ravi Sahai, all gave their valuable contributions to make these surgeries successful. By the end of year, we integrated 6 children into KIRAN's inclusive school and 1 child got placed in the Vocational/Skill Training Unit. Apart from this, the ORS unit promoted the concept of inclusion in society through working with volunteers from villages & highly motivated parents of differently-abled children.

### PARENT CHILD CARE UNIT

The Parent Child Care Unit is the entrance door of the KIRAN Centre for all parents & their children with different abilities. The main objective of this unit is to provide guidance and care to parents and their differently-abled children. We also provide referral services of other units depending on their needs and abilities. In PCCU, we provide physio, occupational therapy, special education, psychological evaluation and intervention, speech therapy, and neurological intervention. We also provide admission into the special education unit, the school unit, and vocational training department.

### **Psychological Services**

Our Psychologist directly works under PCCU of Rehab department. Children, adolescents and adults cases and their parents are referred by medical director and other units and departments. Standardized and validated psychometric tools are used for assessment. Services like assessment, evaluation observation of children in different units, intervention, cognitive behavior therapy, case discussion and goal planning with educators, teachers and therapist are provided. In this period of April 2016 to March 2017 total 343 assessment and 272 follow-up sessions were done.

### **Speech Therapy**

This year, 522 children with communication disorders having different disabilities were identified and given speech & hearing services. Specialized assessments like PTA, BOA and REELS are also done for children having speech & hearing problem. Hearing aids trial, fitting and auditory training is also provided by our speech therapists.

### **ORTHOTIC UNIT**

We provide orthotics, prosthesis, wheelchairs, tricycles, crutches and rollators to children with different abilities through our unit. In this year, we have produced 89 KAFO, 397 AFO, 33 hand splints, and 8 prosthesis. We also delivered 22 wheelchairs, 71 crutches, 3 rollators, and 55 pairs of sandals to individuals. We have also provided orthotic services in camps in the outreach field. An assessment and distribution camp for wheelchairs was organized in Ballia through the Access project. Mr. Hanspeter, our expert collaborator, visited us twice in November and March to provide his technical guidance to this unit. He worked with the team to improve the quality of wheelchair services especially. A separate wheelchair service room was added to meet the need of wheelchair users. Many volunteers from Switzerland also gave their valuable services to our unit this year.



### **PHYSIO THERAPY UNIT**

112 children were followed from the school, special education unit, and vocational training department this year through the Physio unit. More than 7,300 therapy sessions were conducted for these children to improve and maintain their functional status and quality of life. 15 new children were assessed and integrated in the rehabilitation program under the supervision of a neurologist this academic year. 19 group therapy sessions, 20 music therapy sessions, 15 hydro therapy sessions, and video registration for hand & gait for 50 children were conducted this year as supportive activities. Annual Sports Day was celebrated on the occasion of International Disability Day in which different sports activities were organized for the students. Therapeutic services were also given in the CBR field for children with disabilities. Neurological evaluation and management was done for 89 children from the school and special education units by Dr. Moreno this year.



### **SOIR-IM**

Through SOIR-IM project many children with different abilities and also poor girls have been integrated into the schools in 60 villages of Uttar Pradesh and Bihar. This year the main focus was on improving the quality of school education in collaboration with local administration, teachers and parents. Parents group, CBO and children group have also contributed in raising awareness in relation to disability issues and good quality education for all.

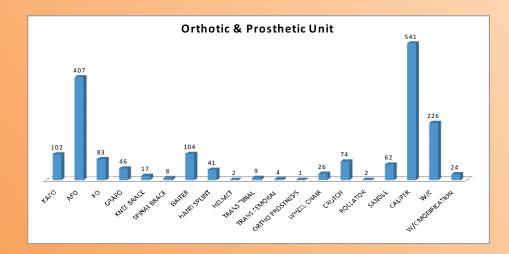
### **Health Services**

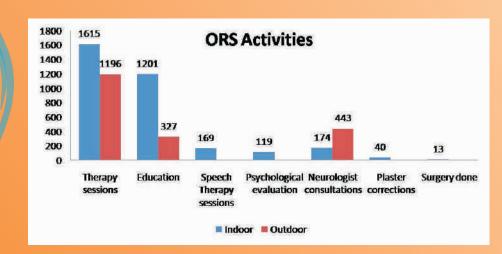
The services rendered in Dispensary by Dr. Moreno and General Nurse Usha comprise:

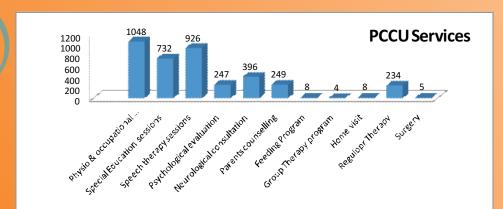
- ~First aid service with diagnosis, therapy and dressing for all students, trainees and staff members
- ~Health check- up of all students and trainees, with referral to specialist doctors in special cases of specific diagnostic and therapeutic problems
- ~Free distribution of medicines to children who belong to very poor families, are referred by the school and external services, or are affected by chronic conditions (epilepsy, dystonia/spasticity, psychosis and other psychological problems, anemia and vitamin deficiencies, tuberculosis, and autoimmune diseases)
- ~Medical and nursing care for patients admitted in Out-Reach Hostel
- ~Community medicine (hostels and all school hygiene, canteen menu, drinking water test)
- ~Vaccinations for trainees and interested staff
- ~Medical visits of staff members under KIRAN's Health Welfare Scheme
- ~The nurse also participates in the activities of Mother's Training Unit

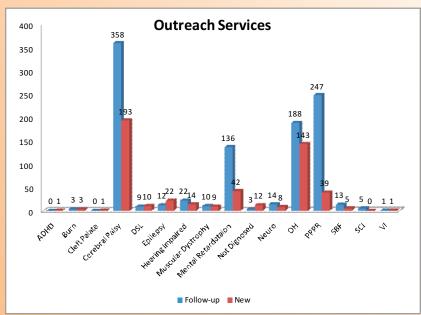


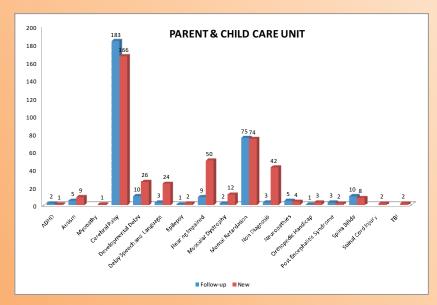












	SOIR-IM Project									
s.N	Activity	Total number of participants								
1	Grassroots meeting	36	37	2626						
2	Parents meeting	48	44	2565						
3	Children's meeting	48	48	2883						
4	Teacher meeting	65	74	772						
5	RTE work shop	16	14	1098						
6	RTI work shop	16	15	878						
	Inclusive education	5	5	164						
	Picnic	4	4	204						
9	Education Tour	4	4	211						
10	CBO Meeting	12	8	178						
	Staff of BRC	24	13	193						
12	Head of BRC	12	9	523						
13	Street play	65	75	8200						
14	Health camp	22	31	1471						
15	Mother training	16	17	131						
16	Animator Training program	4	4	41						
17	Wall painting	100	108	108						
18	Children day	1	1	600						
19	Exposure visit	4	4	107						
	Disability Day	1	1	700						
	Health & Education Program	60	76	4323						
	Total	563	592	27976						

Physio T	Physio Therapy Unit									
Activity	No of Children	No of Sessions								
New Assessment	15									
Re-Assessment	135									
Therapy session	112	7723								
Group therapy		19								
Hydro Therapy		15								
Music Therapy		20								
Case Discussion		10								
Group Discussion On Topics		14								
Neurological Consultations		100								
Counselling		20								
Classroom Visit		17								
Hostel Visit		3								
Video Registration		50								
C.B.R. Visit		46								
HRTC Classes & practicles		59								
Home Visit		14								
Hand Splint fabrication		40								

MOTHER'S TRAINING UNIT										
UNIT	DIS	DISABILITY-WISE TOTAL								
	CP	MR								
PCCU	6		1	7						
ORS	4	3		7						
CBR	1			1						
SOIR-IM	1			1						
TOTAL	1	16								
TO	TAL N	o. of c	hildren = 7	<b>'</b> 4						

Speech Therapy Activities											
Activities			Di	agnosis		_	_				
	СР	CP MR HI Autism ADHD DD Total									
Speech Assessment	288	134	58	21	12	9	522				
Follow up/therapy session	811	257	109	31	18	17	1243				
Parent Counseling	24	11	37	0	0	0	72				
PTA/BOA	27	20	58	4	0	4	113				
			All To	tal			1950				

Psychological Activities	MR	Autism	ADHD	CP+MR	Epilepsy+ MR	Developmental Delay	LD & Borderline Intelligence	Behavlour problem	Psychosis + Neurosis	보	Total
Psy. Assessment (screening, IQ testing, behavioral & other assessment)	131	24	10	59	13	63	21	6	3	13	343
Follow-up sessions	61	29	15	38	9	12	40	57	3	8	272
Parental counseling & guidance (family therapy as per the need)	136	29	15	60	24	70	21	6	3	13	377
Psychodynamic therapies (BMP, BT, management/intervention, cognitive, affective & conative)	136	29	15	60	15	70	21	10	3	13	372
Individual sessions/psychotherapy/counseling	11	1	5	5	2	-	10	25	1	3	63
Case discussion & goal planning with spec. edu, teachers, and with other professionals in mother's training	15	9	5	20	3	15	10	10	1	3	91

# **Education**



This year, the Education Department continued the work of providing a quality inclusive education to 313 students from two main groups: children with disabilities, and other children from marginalized groups. These groups include an emphasis on children with Cerebral Palsy, Intellectual Disability (MR), Hearing Impairment, girl children, and those from SC/ST/OBC castes. In our school unit, we work to ensure that all students are together in accordance to their age and skill level, not by their disability.

As academics are important, equally so are co-curricular activities. This year, as before, the students did co-curricular activities each Wednesday, as well as had music and sports added to their curriculum throughout the year. Under the support of the CSI project, the music rooms, sports equipment, and the library were all updated so that students had the best access to learn and have fun in these environments.

### **Inclusive School**

220 students in Nursery to Class 8th

13 students in National Institute of Open Schooling (NIOS)

(75 Girls and boys staying in hostels)

### **Special Education**

50 Cerebral Palsy & Intellectual Disability (MR)

30 Hearing Impairment



# **Education**

Aside from classrooms and co-curricular activities, learning also takes place through exposure visits. 8th class students went for an exposure trip to Patna to see the Vigyan Bhavan and other historical places, with the main goal of showing the students a world outside of Varanasi and their villages. 11 teachers were also able to participate in a 3 day exposure tour in Delhi. There, they observed and enriched their knowledge by visiting 5 disability/inclusive education related organizations that they visited. All the teachers also received teacher training programs on inclusive education by Mr. Ivo Rusch right here on the KIRAN campus.



While still using individual instruction on a need-based standard, the Hearing Impaired section has developed a curriculum for each and every level for our HI students. In the Special Education Unit, the students continued learning life skills with the support of teachers and parents so that they will learn to live a more independent life. This year, 3 students completed their life skills training in "We Can Do" group and have moved on to work in the world. Ashwani [CP] is working in a medicine shop with his brother, Rajat [MR] is working with his grandmother in their family's general store shop, and Sachin [CP] is independently running his own general store. Throughout the year, 7 interns have helped the Education Department towards our vision of providing quality Inclusive Education for children with different abilities.







# Vocational Skills Training

In KIRAN's Vocational Skill Training Department, we provide training programmes for the development of persons with disabilities to aid in their personal and social development and inclusion in society. In this scholastic year, we provided better training facilities for the inclusion of our trainees so that they can learn these skills and utilize them in their lives in order to become self sustaining. Currently, there are 91 trainees in our VST department out of which 22 were disabled and 7 were hostellers.

In order to provide this training, KIRAN has different production units whose main objectives are to provide training opportunities to individuals who are differently-abled to develop their skills and also later be able to use their efficiency to get employment. We also work to include KIRAN's inclusive

message by having both people with and without special needs working together making toys, wood work, decorative items, edible items, and stitching items, KIRAN is able to efficiently generate supportive income to run these programmes.

### **Art and Design**

This unit is run by eleven staff members with seventeen individuals receiving training. This year the Art & Design unit received orders for silk painted scarves from companies like Biocon and MESH, and even international orders from Switzerland and Italy. All of these orders- as well as orders for our other crafts- were produced, completed, and sent on

time to our customers. Some brief details of the production of this unit: 450 scarves, 1000 cards, stitching items (purses, bags, bird chains, etc.) approx 600 pcs., notebooks 150, 800 pcs., balm, friendship tie 1000 pcs., etc. We also gave help in the making of curtains, covers and other altering works.

### **Tailoring**

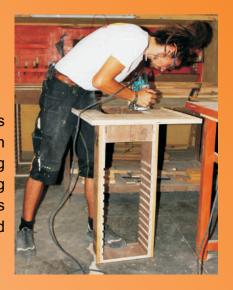
This unit is run by two staff members who teach 25 kinds of clothes stitching and 25 different kinds of embroideries to 23 trainees. The tailoring unit also provides beautician and mehndi training so that the trainees have the opportunity to use these skills to be self-dependent.



# Vocational Skills Training

### **Wood Workshop**

This unit is run by four staff members with sixteen trainees. This year we received orders for I.Q.Toys from Pune and Psychological Centre, and we prepared them all as per the demand and sent them on time. The Wood Workshop Unit also completed different orders for KIRAN, such as wooden repairing work, furniture for the new canteen and school library, Pilgrim's order for photo frames. We are working on creating adjustable special chairs with the help of our volunteer, Gurdin. Some brief details of this year's production work are: 8 almirahs, 40 special chairs, 12 notice boards, 5 name plates, 8 tables and other furniture repairing work, as well as 250 I.Q.Toys, 600 puzzles, and 3,715 die.





### **Food Preservation**

This unit is run by two staff members and has three trainees. This year our primary focus was to improve our products as per the demand. Keeping this in mind, the Food Preservation Unit worked on making jams, jellys, pickles, snacks, and other eatable items. Some brief details of the production of this unit are: 321 kg of jam, 83 Lts squash, 762 kg pickles, 143 kg sewda, 132 kg peanuts, 30 kg mathri. We also have 200 Lts. preserved materials for making products.

### **Grihini**

This unit is run by one staff member and provides training to sixteen young girls who did not get the chance to receive much education. Thus, the Grihini unit provides basic education, teaching about personal hygiene, cooking, and gardening, as well as stitching, beautician, and mehndi courses so that the girls can become more confident and live their lives independently.







# Vocational Skills Training

### **Bakery**

This unit is run by two staff members and there are four trainees learning how to make the bakery items like bread, biscuits, cake, buns, etc. This year we worked on improving the quality of our bakery items with the help of professional bakers and volunteers like Johanna from Sweden and Alice from Luxemburg. The result was that we were able to introduce new products like French croissants, brownies, cinnamon rolls, pattize, baked cheese cakes, and new varieties of bread. All of these improvements are getting good responses from our customers, and helped the bakery gain six new big customers who receive deliveries of large orders.

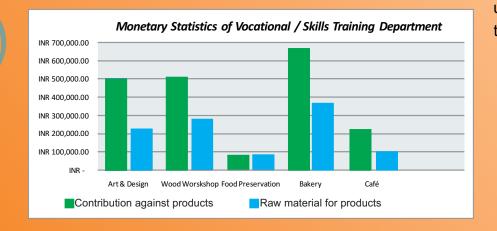
### Café

This unit is run by three staff members and two trainees, with the help of the volunteers, Johanna, Daniel, and Kajal, who all worked hard to improve the café. The Suryoday Café in Lanka expanded its menu to provide quality food and services to the customers. They also updated the space with new signs, wifi, music, and by hosting concerts to attract more customers.

### City Shop

This shop is also run by the staff of the café and sells items which are produced in KIRAN. For example, cards and scarves from the Art & Design unit, I.Q. toys from the Wood Workshop unit, pickles and jams from the Food Preservation





Along with these activities, the Vocational Skill
Training Department also took part in other activities
of KIRAN such as festivals, Disability Day
programmes, spreading awareness about KIRAN
through stalls set up by the Suryoday Café around
the city, and co-operating with other units when
needed. The performance of this year was good as
compared to the last year and we will try to maintain
this performance next year also.



# Social Integration

While it is a wise and realistic mission to assist people with different abilities to live independently in mainstream society, it is not enough until these youngsters feel accepted and holistically integrated into society. Our Social Integration program aims at helping to integrate these special people into the society and to help them become aware and entitled to their basic rights, such as: dignity, self esteem, confidence, happiness and respect. The program does not only enhance their educational and training abilities, but it also offers financial assistance through the Income Generation Program (I.G.P).



### **School Admission**

It is our major task to council and integrate every child into the mainstream school which is near to their home. In this school session, nineteen students have successfully passed class 8th from our Centre; two of them took admission in N.I.O.S. here in the KIRAN Village, and the rest went to mainstream schools in Varanasi for further study. Another eight youngsters took admission for higher courses, and one of them qualified through a very prestigious entrance exam through N.I.T. and now is studying in Warangal University, Ahamadabad.

### **Employment possibilities for our Youngsters**

Another goal for the Social Integration Department is to search better job opportunities according to the strengths of our youngsters, in order to help them to be more independent in their lives. It was very encouraging for us that three of our youngsters, who are affected by Cerebral Palsy were employed in Ability Café in Varanasi.

# Social Integration



### Vikesh Ram

Vikesh is affected by polio, and is currently living in our Suryoday hostel, Lanka, Varanasi. He is from Ballia District, where he has one younger sister and a brother. Right now, they have some financial problems as father has no proper source of income. Vikesh came in contact with KIRAN in 2000 through our Out-Reach team. In the beginning, he received medical rehabilitation services from our Centre. He has completed intermediate examination. Since the beginning, he was very sound in conversation, so aften his studies, he applied for job, and got a job as a cashier at a coffee shop called "Open Hand" in Assi, Varanasi. Now his family members are spending their life with fewer problems and are able to fulfill their minimum requirements.

### City Youths Meeting

We would like to share that every alternative month, we have been able to successfully conduct city youths meetings, gettogethers of ex- students. Each meeting had a new and different issue to address and discuss. Moreover, reputed and expert resource people were invited from different places. These meetings were aimed to create awareness among our youngsters with special needs regarding enhancing their living skills.

### Income Generation Program (I.G.P)

We aim at making our youngsters establish through self earning setups at their doorsteps as per their suitability, interest, knowledge and capacity. But our work doesn't end here! After helping to integrate them into society, we must still recognize that the society also needs to bring a change in its mentality and accept them wholeheartedly rather than nurturing its preconceived notions and biases.

### Survoday Shop

The SI Department ran the shop till October and we then handed it over to the Vocational/Skills Training department on November 2016. We plan now to start a SHELTERED WORKSHOP in Suryoday, where youngsters with C.P. and M.R. will produce broken wheat (daliya) for marketing.



# Social Integration

### **Suryoday Hostel**

At present, eighteen youngsters with special needs are living in the hostel in Suryoday, Lanka, where we provide accommodation as per their requirements. We encourage a friendly and cooperative environment so that the students learn from each other and do well in life. There have been many success stories from our hostel and these stories spread the ray of hope helping other students to learn and excel in their respective fields.





### Picnic/Exposure and Adventure Camp

The entire Social Integration department had a chance for a picnic/exposure trip and adventure camp in Darjeeling, where our youngsters learned river crossing, tracking, mountaineering, tent making, and rock climbing.

### **International Disability Day**

On 2<sup>nd</sup> December, the eve of International Disability Day, our youngsters performed an evening cultural program and wheelchair dance at Assi Ghat. The community was able to come and watch, and these were truly amazing moments for the audience.

City hostellers going to school	18
IGP Beneficiaries	324
Outsiders under KIRAN's care for Education	202
Job Placement	47





# **Human Resource Training**

The country is facing challenges to fulfil the needs of Persons with Disabilities (PWDs) with a "Holistic Development Approach." Approximately 30 million people are in need of educational and rehabilitative services, but finding trained professionals to serve them with quality in the country is another level of challenge. KIRAN feels responsible to share technical know-how with like-minded people and organizations to contribute in the need of PWDs. The Human Resource Training (H.R.T.) of the KIRAN Society offers a Pre—Graduate level of diploma in Special Education, recognized from the Rehabilitation Council of India.

From its conception, H.R.T. has incorporated the philosophy that people from the rural background, especially females,

should have more opportunity to join such professional courses, and thus this year 41 students are female out of 47 students. Out of these 41 females, 3 are physically challenged and many are from economically & socially deprived families, yet it is good to see that diploma students are perfectly motivated to become special educators. We started our new batch at the end of July 2016, and in the

beginning, we had a week program on organizational orientation, working in groups, and general skills of special educators.

The Human Resource Training department had organized orientation on disability for 256 people of different organizations and collages. 7 Master of Social Work students from different universities completed their concurrent field work, and diploma students were engaged in various other activities in addition to their regular classes and practicum in this academic year.

Orientation programme is one of the important activities of the department to create awareness among people of various sector of the society like university students and professionals.



# **Human Resource Training**

The department was also engaged in supporting and organizing various training & awareness programs for diploma students, staff, and people from other organizations.

### **Training Programmes**

Training Programmes							
Activities	Participants	Date					
Workshop on Inclusive Education	47 Persons	14 – 27 Sept. 2016					
Staff attended "Effective Parenting" Workshop	3 Persons	9 Nov. 2016					
Diploma students' participation in "World Disability Day"	47 Persons	3 Dec. 2016					
Registrar participated in CBR Field for "World Disability Day"	1 Person	3 Dec. 2016					
IKFA Awareness Program	23 Persons	18 Jan. 2017					
All II year diploma students took part in workshop on Learning disabilities and ADHD	23 Persons	17 – 21 Feb. 2017					
Participation of all female diploma students in "Jagate Raho." A drama on domestic violence	41 Persons	3 Feb. 2017					

### **Orientation Programmes**

5 Persons	<b>Date</b> 28 May 2016
5 Persons	28 May 2016
8 Persons	18 Nov. 2016
Persons	3 March 2017
Persons	4 March 2017
9 Persons	21 March 2017
5 Persons	23 March 2017
9 Persons	24 March 2017
(	Persons Persons Persons Persons

In addition to the daily theory and practical classes, diploma students also actively participated in various activities within the premises of the KIRAN Centre like organic farming and helping to keep our environment clean and green.

The scholarship committee also completed their task to support deserving students with scholarships.











# **Community Based Rehabilitation**

The Health Awareness and Livelihoods project (HAL) reaches out to women and children in 54 villages in the Sikhad, Majahawa, and Kashi Vidya Peeth blocks of the Mirzapur and Varanasi districts — the KIRAN Community Based Rehabilitation area. The project was developed through our 10 year partnership with Disability and Development Partners from the United Kingdom and is also supported by the UK's Big Lottery Fund. As its name suggests, we are tackling poor development outcomes for mothers and infants in poor families in rural villages through immediate and practical support for the most at risk. Together with wider awareness raising messages about health and good nutrition, as well as practical self help groups, HAL is working to improve women and babies' longer term prospects and livelihoods. In every aspect of HAL, children and

adults with disabilities are fully included. The project also helps us to detect children with delayed milestones or disabilities at early stage.

This third year of the HAL project saw activities deepening in all 54 target villages. The number of active Self Help Groups (SHGs) increased to 126 with 1775 members, all of whom are women, all saving money regularly and using their new savings to make interloans (536 in this year) to meet urgent family and social needs such as having money to offer towards wedding costs, buying medicines, as well as to make it possible for people to start small enterprises. 127 families have also benefitted from direct income generating support to improve their small farming plots, run small shops, or do skilled work such as traditional carpet weaving.

The scale of this project is quite large, with over 40,000 women and young girls now engaged in a wide range of activities, including:



hygiene awareness and practical sanitation (in schools as well as in their villages), supplementary feeding helping 543 infants and 283 young mothers, health camps where 1457 women are attending, immunisation campaigns, skills training, livelihoods and enterprise set up, and networking for women-led campaigns. While HAL continues to work directly with all the primary health care workers, policy makers and officials in the districts are also allies in making this project a success.

# **Community Based Rehabilitation**

Last year's exceptional monsoon floods hit many poorer families very hard- with houses and animals swept away, people unable to go to the fields or do other work, and the very young and frail at high risk of infectious water-borne diseases. However, KIRAN's CBR team helped in every way they could, and thankfully there was no loss of life.



Meeting with health professionals



**Health Camp** 



Hand wash program with community children

# **Community Based Rehabilitation**

### CBR and Health Awareness & Livelihood (HAL) Project Highlights

### **Health Awareness Program**

- •A total population of 62,724 people impacted by health awareness services
- •1,184 children were treated through 21 pediatric clinic
- •2,475 women participated in maternal & child health care awareness program
- •543 malnourished children were monitored & received supplementary food for 4-6 months, until development re-established
- •283 underweight pregnant women were monitored and received supplementary food.
- •250 traditional birth attendants were trained
- •53 General Health Camps were organised reaching 3,231 individuals

### Livelihood Program

- 19 new Self Help Groups (SHG) were formed during the year out of 126 active SHGs.
- 3 Block level SHG Associations were ormed named SABLA
- Income generating program began with 127 new beneficiaries including 25 Person with Disability.
- 536 families benefitted through interloaning from SHGs, with total savings reaching Rs. 2,927,660/-

### **Community Based Rehabilitation**

- Rehabilitation services were provided to 1,307 children with disabilities
- 239 new cases of disability were identified in the 54 present villages
- 9 Disability Assessment camps were organised and served 346 individuals
- 64 children were referred for Psychological and Speech therapy assessment
- 18 lab tests and 38 radiological x-ray were analyzed
- Aids & appliances were given to 66 children & youth with disabilities
- 8 Children & youth with received a wheelchair or tricycle.
- Special consultations were received by 64 children at our OPD clinic
- 5 mothers were trained to handle their child with disability.
- 5,374 home visits were made by CBR workers
- 3,887 home-based physical and educational rehabilitation sessions were provided to 325 children with disabilities.
- Activities during home visits include: education, physical therapy, parents counseling, gait & ADL training.
- During 16 Block level Disabled People's Organisation (DPO) meetings 454 PWDs attended

### **Capacity Building Program**

- 998 Health workers participated in capacity building programs
- 8,528 Individuals benefitted from awareness programs on the prevention of water borne disease, hand wash practice & use of safe drinking water.
- 7,250 Adolescent girl were participated for sensitization & mobilization about reproductive health issues, rights & acts etc.
- 815 Women/Girls benefitted from learning & experience sharing visits.
- 126 health education meetings were held, reaching 19,325 individuals
- All team members received in-service training consisting of disability, mother & child health care, SHGs, and enterprise establishment.

# **Administration**

The role of Administration is to work wholeheartedly in collaboration with General Services and the Finance Department in order to monitor & care for the day to day services of the KIRAN Society. For example, the Administration's work involved the supervision of staff matters, events/celebrations, construction, transportation, farming, security, canteen, welcome guest/visitors, etc.

Total number of staff Number of regular staff Number of contract staff Number of Divayang staff (staff with disability) Number male & female staff	185 117 40 32 117 + 68
Rice cooked per day in the canteen Daal (pulses) cooked per day Number of meals cooked per day for staff & children (Breakfast for hosteller/day scholars, lunch for children/staff +110 dinner hostellers)	56 kilograms 22 kilograms 1,095 meals 110/325 550







# Glimpses of our special events





# Glimpses of our special events

















# **Volunteers & Friends**

Thankyou so much for your commitment and faithful services to KIRAN. You are precious to us!!!



# Financial Statement

S.TULI & Co	KIRAN SOCIETY, KIRAN VILLAGE, MADHOPUR, P.O.	. KURUHAN,	VARANASI (	U.P)

CHARTERED ACCOUNTANTS, 8-HALWASIA COURT,

LIABILITIES	Rs. P		Rs.	P.	ASSETS	Rs.	P.	Rs.	P.
CAPITAL FUND	1101		110.	(A. A.)	FIXED ASSETS	179.	Е.	No.	Tree:
Balance as on 01.04.2016	100,536,72	1.71			(At Cost Less Depreciation)				
Add:Projects Assets Captilized during the year	3,304,05				(As per Schedule)			71.00	09,545.00
Add:TDS Refunded from CSI Project	12,70				( to per correctio)			, ,,,,	30,040.00
individual in the control of the con	103,853,47				LIVE STOCK				
Add: Excess of Income Over Expenditure	1,892,02		105.745	5,502.13	Balance as on 01.04.2016	40	000.00		
					Add:Purchases during the year		000.00		
					1000		000.00		
CORPUS FUND					Less:Sale during the year		300.00	11	09,700.00
Balance as on 01.04.2016			6.435	5.800.00	and the same of th		000.00	2.0	
					CURRENT ASSETS				
PROJECT FUND					Stamp Paper for Land				
Balance as 31.03.2017 (As per List)					Balance as on 01.04.2016			11	11.000.00
Biocon Pvt Ltd Fund	1,000,000	0.00						10.00	
Give India Project Fund	202,30	0.00			INCOME TAX (TDS)				
Khws Fund	771,20	1.00	1,973	3.501.00	Balance as on 01.04.2016	1.018.	223.42		
					Add: Deducted during the year		292.00		
					Control (Control (Con		515.42		
					Less: Deducted during the year	304,	113.00	1.14	4,402.42
					INCOME TAX DEMAND				
					Balance as on 01.04.2016	200.	000.00		
					Less:Refunded during the year	200,	00.000		*
					LOAN & ADVANCE (STAFF)				
					Balance as on 01 04.2016	62.	000.000		
			O pr	مرو	Less: Refunded during the year	29,	500.00	3	2,500.00
		Qm.	ON		CLOSING BALANCES: (As on 31.03.20)	17)			
	0	0			(As per books of Accounts)				
	1		2	(1)	FOREIGN CONTRIBUTION ACCOUNT				
/	5	18	4	-0.	(As per books of Accounts)				
//		Cleita	ciery	Jan P.O. 111. U.P. 66 170165-66	Cash in Hand		721.49	0	TULI &
	5e	-0	South	00 U. 66	Cash in Hand (SONR-IM)		178.00	16	
		Khair	KUNTO	11,65	With U.B.I. S.B. / Flexi fix A/c No. 3040020100874	6,300,2	252.66	NX	
		HOPU	61-21-08	10,	With U.B.I, S.B. A/c No. 399402010947008	39,0	004.00	1	ucknow
	-1/2	io, au	- 22-1					101	J. S. VV

# **Financial Statement**

F.D R With Education Department 3,500.00

Cash Certificates With U.B.I (As per List) 16,578,615.00

N.S.C With Post Office (As per List) 10,000.00

Accrued Interest on FDR's (As per list) 2,738,905.00 25,674,476.15

(II) GENERAL ACCOUNT

(As per books of Accounts)

Cash in Hand 118,757.00
With U.B.I. S.B. A/c & Flexi Fixed A/c No. 5516 2,807,684.94
With B.O.B. C/A No. 1885 (Suryoday) 9,322.50
With U.B.I. No. 948602 460,073.12
Cash Certificate With U.B.I. (As per List) 11,550,981.00
Accrued Interest on FDR's (As per list) 1,126,361.00

1,126,361.00 16,073,179.56

114,154,803.13

TOTAL Rs.

PLACE: LUCKNOW DATE: 14.07.2017 TOTAL Rs.

114,154,803.13

AUDITOR'S REPORT

"As Per Separate Report Even Date"

CHARTERED ACCOUNTANTS
AUDITORS

Lucknow &

Kiran Society

Kiran Society

Madhopur, Kuruhuan P.0.

Varanasi-221011, U.P.

Varanasi-22670165-66

# Kindly give your Donation for needy children through GIVE INDIA's online link



# http://www.giveindia.org/m-1376-kiran-society.aspx



Web: www.kiranvillage.org

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